2026 USATF Virginia Open XC Championships

Pole Green Park

Results - Race Schedule

Event 6 5k Run CC 40-44 Division Men

	Name	Year	Team	Finals	Points
Results - Men					
1	Kipruto, Nicholas	84	U.S. Army	15:39.70	
2	Barresi, Matthew	83	Ragged Mount	17:04.40	
3	Baker, Jason	82	12-Unattached	20:22.20	

Event 8 5k Run CC 45-49 Division Men

	Name	Year	Team	Finals	Points
1	Amin, Neil	78	12-Unattached	19:23.60	

Event 9 5k Run CC 50-54 Division Women

	Name	Year	Team	Finals	Points
Results - Women					
1	Hayden, Dana	76	12-Unattached	19:54.60	

Event 13 5k Run CC 60-64 Division Women

	Name	Year	Team	Finals	Points
--	Mitchell, Melanie	63	Pony Express	DNS	

Event 14 5k Run CC 60-64 Division Men

	Name	Year	Team	Finals	Points
Results - Men					
1	Denmark, Robert	65	Pony Express	22:09.40	

Event 16 5k Run CC 65-69 Division Men

	Name	Year	Team	Finals	Points
1	Garbini, Hernan	61	12-Unattached	20:43.80	
2	Whitaker, Robert	58	Greater Phil	21:46.20	

Event 17 5k Run CC 70-74 Division Women

	Name	Year	Team	Finals	Points
Results - Women					
1	Snagg, Deborah	56	Richmond Tra	24:43.00	